

North-east Fife visitor complex picks up top business award

Tourism prize for Morton of Pitmilley

FROM THE NEWSDESK
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A north-east Fife holiday complex has taken a top award in the 2015 Fife Business Awards.

Morton of Pitmilley, a complex of holiday cottages and leisure facilities near Kingsbarns, was awarded the Forth Ports sponsored Tourism Award at the recent awards ceremony in Glenrothes.

Eilidh Smith of Morton of Pitmilley received the award from Forth Ports' Stuart Wallace and declared herself delighted: "This latest award means a great deal as it is recognition from amongst our peers and business associates in Fife."

The award is the latest in a series of awards for Morton of Pitmilley which Ms Smith runs in partnership with her stepfather John Parker. In the last couple of years the complex has picked up business and tourism awards and reached the finals of the Scottish Thistle Tourism Awards.

"Winning it has also tied in nicely with our celebrations for our 25th Anniversary here at Morton of Pitmilley," Ms Smith added, "the busi-



Elaine Smith receives the tourism award from Stuart Wallace.

ness is reflecting on 25 years of successful operation during which time we have grown to become a prestigious five star resort with our own indoor tennis court, corporate boardroom and spa hub."

"We value our local market as much as our UK wide market, and think that we are a good ambassador for Fife and what there is to do here as a tourist. As ever it's a group effort that goes into winning these awards, and my stepfather John and I could not have done it without the support of our dedicated team of employees." Ms Smith reported that the complex is already

fully booked for this year's Open and plan a summer celebration with a pop up shop and dining. They have also recently introduced new wedding packages.

The awards are delivered by Fife Chamber on behalf of the Fife Economy Partnership whose chairman Stephen Doran commented: "We were overwhelmed by the response to the awards with a record number of entries. The judges had a tough task selecting winners, but what this shows is that Fife has much to be proud of, with so many businesses each playing an important role in the local economy."

St Monans residents' homes and cars targeted by vandals

The normally sleepy East Neuk burgh of St Monans woke to a shock yesterday (Thursday) morning.

Overnight vandals had targeted the Braehead area with a white spray – at first thought to be paint.

Cars and properties bore the brunt of the damage.

One resident said: "At first it looked like somebody had just gone crazy with a can of spray paint but it's thicker than that."

"It could be some sort of DIY filler, or even just cream ... you're not really inclined to taste it, just get rid of it!"

"The rain meant it never had a chance to dry so it is washing



One of the cars and the door of a house targeted by vandals in St Monans.

off, hopefully it won't have damaged any of the cars' paintwork."

Two weeks ago a vehicle

on the Braehead was badly scratched, or 'keyed', causing hundreds of pounds of damage.

So much more in health food store

Sadly there is no longer an independent health food store in St Andrews.

However when one door closes another one opens. Welcome to Health Food and More, Fife's largest independent Health Food Store.

Located opposite Rejects on St Clair Street in Kirkcaldy, with ample free parking nearby, you will have plenty of time to browse through the extensive selection of premium brand supplements, health foods and what must potentially be Scotland's largest range of gluten free and dairy free foods.

You can explore food intolerance testing and find out more about herbal medicine consultations and the workings of the on-site herbal dispensary.

As a Member of the National Institute of Medical Herbalists, business owner Keren Brynes Maclean brings 25 years of retail and clinical experience to the shop and herbal practice. She manages the business with her mother and business



partner Joy Walker, and a small dedicated team of staff, ensuring she has time to offer one-to-one consultations for those with chronic or serious health concerns.

The front store is dedicated to supplements, herbals, skin care, superfoods and beverages. Bay upon bay is well stocked with premium brands such as A Vogel, Viridian, Solgar, Pharmed, Natures Aid and Opti-

bac. The rear store is stocked with gluten free and dairy free foods. The sign above the front entrance 'Gluten Free and Dairy Free Heaven' says it all!

Popular with the young, the elderly and everyone in between, Health Food and More lives up to its reputation as Fife's busiest and brightest independent health food store.

Pay a visit to find out more next time you are in Kirkcaldy.

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